/Kansu Monguors/

have very scanty beards, and there is seldom any growth of hair on the body.

e. economic activities

The Mongours gave up their nomadic way of life and became farmers. They cultivate barley, wheat, peas, rapeseed, colza, hemp and potatoes. The second important economic resource is livestock, consisting of horses, cows, mules, pigs and sheep. The Mongours are also good hunters and fishermen. The Mongours now live in brick and mud houses resembling their former tent (yurt).

Until recently the Mongours wore their national costumes. However, when the Communists took over they ordered them to wear only Chinese clothing.

By religion, the Mongours are Lamaist-Buddhists.

2. Other groups

Besides the Mongours, there are Ölöts and Torguts living in Kansu. They are similar in all respects to the Olots and Torguts of Sinkiang.

C. The Mongols of Chinghai

1. General characteristics

Due to the new partition of the province, some of the Mongours now belong to Chinghai Province. Very little is known about the Eastern Mongols living around the Tsaidam and Kokonor areas. However, all explorers' reports say that they have become more and more Tibetanized and are forgetting their own Mongolian language. They are still pastoral nomads like the Ölots and the Torguts of Sinkiang.

2. Hordes

When Tafel (between 1905 and 1908) travelled in the Chinghai area he found the following groups of Mongols:

(1) Wang-ka or the horde of the Chinghai Wang, consisting of 150-350 families, of which one group nomadized on the Dulan-gol, west of the Kokonor, and the other group lived around the monasteries of Gomba-soma and Minia-ta;

(2) the horde of the Muri Wang, about 50 families, which nomadized on the upper course of the Ta-tung River;

(3) the horde of the Kukut Bei-le, about 200 families, which nomadized around the Serkhe-nor, northeast of the Tsaidam swamps;

(4) the horde of the Kurluk Bei-tse, about 800 families which nomadized around the Bagha Tsaidam area;

(5) the horde of the Merkhe Bei-tse westwards of 4; there is no information about population figures.

(6) the horde of Shui-hia Bei-tse in the valley above Bamba; there is no further information about population figures.

(7) the horde of the Gobi Gung, which nomadized in the area of Tankar;

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on the luckless family.

The Mongours will never sell animals, or allow them to leave their homes, on the first or fifteenth of the moon, lest luck and prosperity also leave the family.

Although women do all the heavy work, they are not allowed to kill animals. Women are meant to produce life, not destroy it. When a man reaches approximately fifty years of age, it is no longer fitting for him to kill animals. As his own time of death is approaching, he must guard against reincarnation as an animal.

Women stress neatness and cleanliness. They always wash their hands before preparing food or starting any task, and the elders in the home often remind the daughters-in-law of the importance of cleanliness. If they are not clean, the God of the Hearth will punish them and deprive them and their children of blessings.

5. Occupations

The historical shift of the Mongours from pastoralism to farming does not concern us here. Generally speaking, after the Mongours were alloted a fixed territory at the border of Kansu, during the fourteenth century, they were compelled to resort to farming. During a long period of Mongol and Tibetan disturbance on the frontier, it was difficult for the Mongours to keep large herds in the relatively small valleys, so they became more and more dependent upon the farms adjacent to their fortified villages. They sell grain to the city of Lanchou, but they own much more livestock than the Chinese farmers. Their transformation to the agricultural economy is complete, however, and the Mongours have no desire to return to nomadic life.

The Mongours learned from the Chinese farmers, but their techniques are inferior. Both men and women work in the fields. They raise barley, wheat, rapeseed, hemp, potatoes, colza and peas. Very little millet is grown. The women also grow garlic, leeks, onions, cabbage, spinach, watermelons and cantaloupes in small gardens close to their courtyards. These products are for sale; the farmers themselves can seldom afford to eat fresh fruits and vegetables.

Some Mongours depend mainly upon their livestock. They raise sheep, cows, horses, mules, donkeys and pigs. They keep as many cows and sheep as their pastures will support. Horses are the most valuable animals because they enhance the prestige of their owners. Wealthy families keep handsome, fast horses and fine saddles and trappings. They also hire shepherds to take care of their livestock. In poor families, the women tend the livestock, both in their stalls and pens and in the pastures during the summer rainy season.

Shepherds are the highest paid workers in Mongour society